



Diapered in Public

Does the idea of wearing a big, bulky and comfortable diaper in public excite you? Do you smile as you imagine being changed by your loving parent on a changing table in a public restroom after an eventful day of being pushed around in your favorite stroller? Become confident of your ability to wear a diaper in public and crave to dress like the adorable little baby you have always fantasized about becoming.

Become proud of the fact that you love wearing and using a diaper and dressing like a toddler and find pleasure in telling others what a baby you desire to be in your perfect future as you show their diaper off to anybody that asks to see it. Remember that you love wearing a diaper under your childish clothing whenever you are out of your house and become uncomfortable and unhappy if you have to worry about finding a gross and intimidating adult bathroom in public because you forgot to bring a completely necessary and safe and protective diaper to keep you safe and protected. Think about how much you love dressing and acting like a baby in public and the fact that you prefer to be pushed in a stroller and changed at the public changing tables. Experience a thrill of excitement and pleasure and comfort whenever you wet and mess your diaper uncontrollably and unconsciously in public just like a little toddler would.

Listen to this file and overcome your fears of being the adorable toddler you were always meant to be in front of others. Find your most comfortable and safe and happy self in the natural pride and excitement that comes with wearing your diaper in public.

- ✧ Proud of myself whenever I am wearing a diaper in public.
- ✧ Thinking about how much I love to wear a diaper in public and how much I desire others to see me dressed like the adorable toddler I have always preferred to be.
- ✧ Loving the feeling of being changed in a public restroom.
- ✧ Happy whenever I am wearing my comfortable and safe and protective diaper.
- ✧ Thinking about how much I love wearing a diaper in public and how much I desire others to see me wearing a diaper.
- ✧ Knowing that I am safe and comfortable whenever I am wearing a diaper.
- ✧ Remembering the times in my past where I was forced to use the gross and uncomfortable toilet instead of my safe and comfortable and protective diapers like I have always preferred.
- ✧ Feeling comfortable and happy and satisfied whenever I am being pushed in a stroller.



- ❖ Wetting my diaper easily and naturally and unconsciously like the little toddler that I love to be in my perfect future.
- ❖ Remembering how much I love wearing a diaper underneath my childish clothing and how much I enjoy being changed in a public changing table after I have been pushed around in my favorite stroller.
- ❖ Feeling safe and protected in my comfortable diaper.
- ❖ Feeling happy and proud of myself whenever I wear a diaper in public and act like the baby that I have always desired to be.
- ❖ Proud of myself whenever I am wearing a bulky and protective diaper in public.
- ❖ Feeling excited and pleased and accomplished whenever my loving parent changes my diaper for me.
- ❖ Feeling unhappy and uncomfortable and unprotected if I am not wearing a diaper.
- ❖ Preferring to be pushed in a stroller whenever I go out to eat.
- ❖ Needing to wear a diaper in order to feel confident in public.
- ❖ Easily forgetting and throwing out any memories that I might have of being afraid to wear a diaper and act like the adorable little baby that I love to be in public.
- ❖ Knowing that I will be happier and more satisfied and more fulfilled in my perfect future if I am able to wear a safe and crinkly and protective diaper in public without feeling afraid and worried and uncomfortable.
- ❖ Forgetting any fear and anxiety and worry that I may have had about wearing a diaper in public.
- ❖ Preferring to be changed like a baby in public by my loving parent.
- ❖ Proud of myself whenever I wear a diaper in public and act like the baby I love to be.
- ❖ Knowing that I am completely comfortable wearing a diaper in public and that I am not afraid of anyone seeing me in my completely adorable and childish clothing.
- ❖ Preferring to be pushed in a stroller and wear toddler clothing in order to advertise to the world how much of a little baby I truly desire to be.
- ❖ Feeling a sense of excitement and pleasure and comfort whenever I wet and mess my diaper uncontrollably in public.
- ❖ Knowing that I am completely comfortable wearing a diaper in public and that I am not afraid of anyone seeing me in my completely adorable and safe and comfortable diaper.
- ❖ Craving to be pushed in a stroller and wear a diaper and clothing designed for a small child.
- ❖ Preferring to wear a diaper under my childish outfits whenever I am out of the house.
- ❖ Finding the idea of being changed by my loving parent at the public changing tables after I have wet my diaper completely pleasurable and exciting.



- ✧ Knowing that I am proud of my ability to wear a diaper in public and want to show everyone that I meet how much I love wearing a diaper and acting like a little child.
- ✧ Remembering that I have always been afraid and nervous and uncomfortable whenever I have been forced to use a gross adult toilet.
- ✧ Craving to be changed like a happy and comfortable little baby on a changing table in a public restroom.
- ✧ Desiring to wear a diaper to all of the different public places that I visit.
- ✧ Proud of the fact that I am the baby that I have always desired to be in my perfect future.
- ✧ Fantasizing about being fed from a bottle as I sit in my comfortable and safe baby stroller.
- ✧ Cuddling with my stuffed animal and sucking on my pacifier like an adorable baby.
- ✧ Remembering that I love to wear a bulky diaper and plastic pants under my childish clothing whenever I am out of the house.
- ✧ Loving the feeling of being pushed in a stroller as I am taken around town by my loving parent.
- ✧ Easily forgetting and throwing away any memories that I may have had of being afraid to wear a diaper in public.
- ✧ Remembering how comfortable and pleasant and exciting it is to wear a diaper in public.
- ✧ Feeling happy and excited and proud whenever others ask to see my safe and protective diapers under my adorably childish clothing.
- ✧ Feeling happy and excited and proud whenever I am told that I am behaving like an adorable baby.
- ✧ Knowing that my smart and loving parent will always keep me safe and comfortable and happy in public by making sure that I am wearing my bulky and protective diaper.
- ✧ Knowing that a diaper is the only safe and effective way to prevent myself from having to worry about making inconvenient and embarrassing trips to the gross and boring and uncomfortable adult bathroom.
- ✧ Feeling happy and comfortable and excited whenever I am wearing a diaper and baby clothing in public.
- ✧ Feeling happy and proud and excited whenever I drink from my baby bottle in public.
- ✧ Proud of myself whenever I am wearing a cute and adorable and childish outfit in public.
- ✧ Forgetting ever not experiencing pleasure and excitement and comfort at the thought of wearing a bulky and protective diaper in public.
- ✧ Preferring to have my diaper changed in a public restroom.
- ✧ Uncomfortable and unhappy if I am forced to go too long without wearing a safe and protective diaper.



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- ✧ Wearing a diaper in public in order to feel the excitement and comfort and safety of being a little baby that I have always desired.
 - ✧ Fantasizing about wearing a diaper and cute and comfortable onesie in public.
 - ✧ Feeling a sense of excitement and pleasure and happiness whenever I am being treated like the baby that I love to be.
 - ✧ Forgetting how to use the gross and intimidating toilet in public and remembering that I am too young to use such an old and boring and uncomfortable device.
 - ✧ Uncomfortable whenever I am forced to use a gross and intimidating adult toilet.
 - ✧ Remembering that I have always desired to wear a diaper in public and that being a baby in public is something that I have always craved and desired.
 - ✧ Acting like the baby that I have always desired to be in public.
 - ✧ Comfortable wearing a diaper under my childish clothing.
 - ✧ Sucking on my delicious thumb whenever I am stressed out or uncomfortable.
 - ✧ Sucking on my binky or baby bottle or thumb whenever I become stressed out or uncomfortable in public.