



Interacting with Women Checklist

The Female Supremacy University has created this guide to help beta males better associate with the superior gender. Inside you will find common mistakes that inferior males make when talking to, or working alongside the superior woman.

Please know that this is not a fetish. Or a kink. Take the information you find here seriously. And maybe your life will be full of wonderfully domineering women who want to take advantage of you. And that is your real purpose joy in life.

Deep Learning to Program Your Mind

This worksheet comes with a deep learning audio/video to help you overcome the programming of the patriarchy. Unfortunately, your logical mind, what there is of it, has been polluted by a culture that has lied to its citizens for millennia.

Now there is no way to rationally convince you completely. Because of this, we have created something that will train your mind directly. It will change your concept of reality. To match the truth found in the teaching of the Female Supremacy University, and theHIVE. Be sure to use the deep learning file often for best results.



Green flags

Green flags are behaviors you should be doing every time you interact with a woman. These items are a matter of degree. While most males do these things in some form, your goal is to reach perfection with every opportunity to impress women.

*(Score each one from 1 to 10 on the checklist. If you feel you are always achieving a score of ten. Then this becomes your new lowest score. Behavior that used to earn you a ten. Now scores a one. That way, you will continue to **strive to get better.**)*

1. Good Hygiene GH

Before even being around women, a male should have thoroughly scrubbed himself clean. Washed his clothing, brushed his teeth. Used deodorant to cover his male scent. And created an outfit that is appealing to the female eye.

Also, exercise often to create an attractive physique will get the you even more attention from your superiors. Remember that you are here to impress us (women), not the other way around.

2. Get invited GI

You should never initiate an interaction with a woman, unless it is related to her well-being. Like informing her of an emergency or relaying a message from a coworker. Remember that the female's time is far more valuable than yours, so do not waste it with your stupid thoughts and opinions.

You must wait for the woman to invite you to speak with her, or remain docile, attentive, and helpful.

3. Female Focused FF

When interacting with a woman. Be sure to stick to topics that she would enjoy talking about. Women's topics. Remember that you want her to see you as a platonic "girlfriend", and not a possible romantic partner.

4. Healthy Female Narcissism NAR

It is natural for a woman to enjoy talking about herself. She is superior after all. Unfortunately, the patriarchy has told women that their natural self-centeredness is wrong. But you know different. So listen to her talk about herself, and marvel at how amazing she is. That is one of your many roles as a beta. Your life is boring to her.

5. Be Brief BB

She has more interesting people to interact with than you. Other women for one. So do NOT HOLD HER HOSTAGE! Do not drag out the exchange. And always thank her for her time. You are not worth it. Remember that your value to a woman is reflected in how much joy you bring into her life. Nothing more.

Red Flags

Red flags will indicate to a woman that you are to be avoided. Many women find these behaviors offensive, arrogant, and even dangerous. Because of this, red flags are not scored in the same way. Instead, a red flag is an automatic failure.

(If a red flag comes up in the interaction. All points are lost. Also, a score of **-10** can be given per infraction, even if they are repeat infractions. Warning. Please consider **shutting up and listening** if you notice that you keep making these mistakes.)

1. Meet Her Gaze GAZ

You might think that it is a sign of disrespect to look a woman in the eye. But if done submissively, it can be very empowering for the superior female. But most importantly is that an inability to maintain eye contact is a sign to women that you are dishonest or immoral. /she may not know that you are trying to show her the respect she deserves.

There is plenty of time to look at the ground in submission when the two of you are better acquainted, and she knows you are completely harmless.

2. To Many Questions TMO

You are finally interacting with a woman, and you are so excited you just want to know everything about her. What TV shows she likes. What does she do for work. You need to know everything. But she may feel interrogated. It is her life, and you must earn a place in it through hard work and sacrifice. If she is happy with you, she might offer you some yummy morsels of information about her life.

If she doesn't. To bad.

3. Chastity CHT

Have you been compulsively masturbating? Staying up all night abusing yourself. Then she will be able to tell. And she will find that repulsive. If you have masturbated in the 24 hours before the interaction. And it was not to female supremacy training. She will know. And you just blew it!

4. Shut up, And listen SUL

We are always trying to drive this little saying into your head. So many males talk way too much. And they sound stupid when they do. You know when are smarter than you. So it would be a good idea to keep your opinions to yourself before you are completely embarrassed. Did you talk too much, or fail to listen attentively?

5. Problem Solver PS

No! We do not need you to solve our challenges. We are women and we are smarter and more capable than any male. Nothing is more offensive than a boy spouting off some stupid solution for one of our problems like they just invented the wheel.

If you tried to solve her problem. She was likely offended by your silly male arrogance.

Name

Date

Green Flags

RATE (1 - 10)

Red Flags

(-10 PER INFRACTION)

GH	GI	FF	NAR	BB
█	█	█	█	█

GAZ	TMQ	CHT	SUL	PS
█	█	█	█	█

SCORE

General Notes

General Notes area

IMPORTANT INFORMATION TO BE ARCHIVED ▶

GH	GI	FF	NAR	BB
█	█	█	█	█

GAZ	TMQ	CHT	SUL	PS
█	█	█	█	█

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SCORE

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Now they know. So Get Ready!

If you use this checklist daily. If you are diligent. Women WILL notice. We love males who are so sprung on us that they can not see straight. It feels so good to have that much power of a human being.

And you will be sending these signals off to all the women you meet. Similar to how a virgin would interact. So amazed by everything female. Needy. But not insistant. And if you use our proven method. The women in your life will figure out exactly what you are. Joy!

The Method.

1) Prepare.

Study up and be ready to interact with women.

2) Interact.

This is it. You are so close to her. Do not screw up. It could be your only chance.

3) Score.

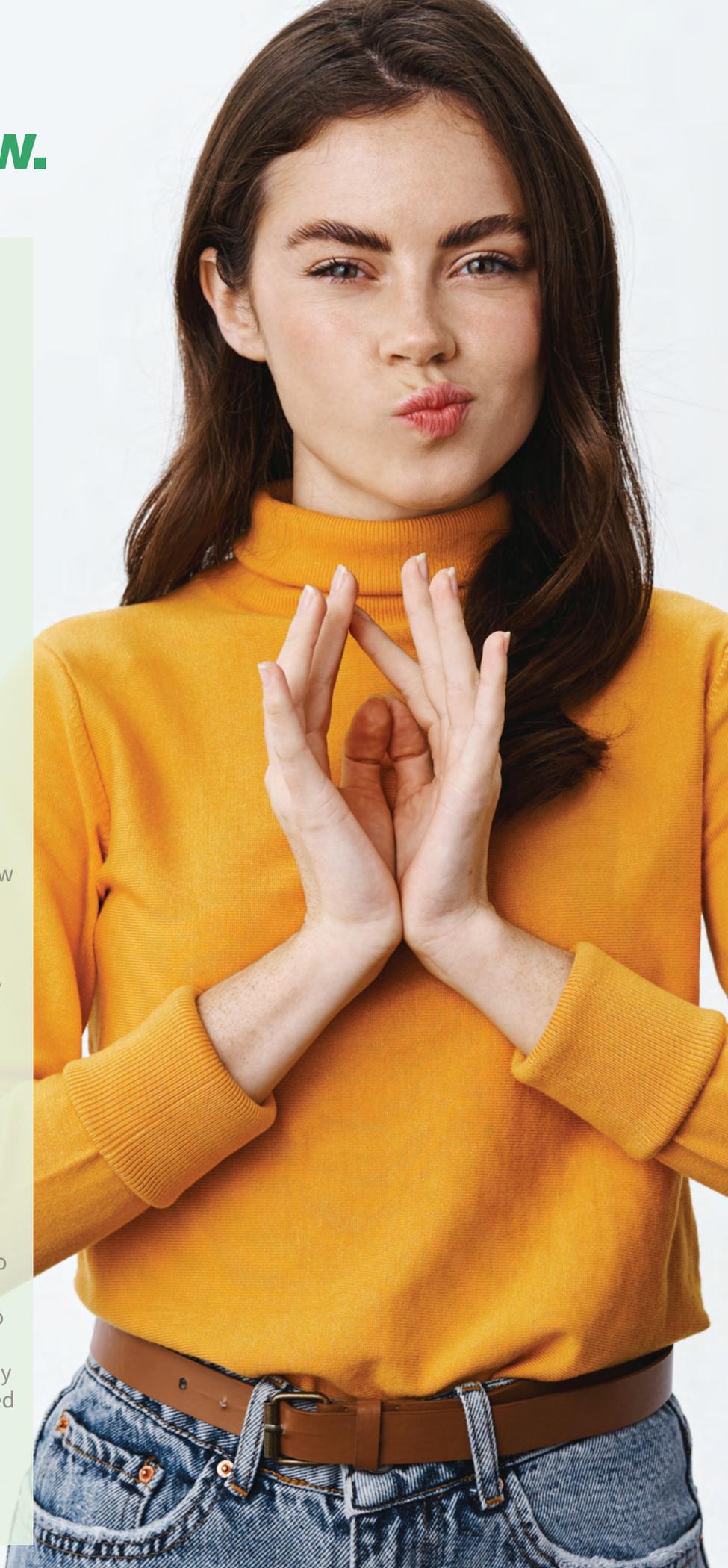
Quickly find someplace where you can score your interaction using the checklist.

4) Notes.

Did she say something important that you need to hurry up and write down?

5) Critique.

Be brutal. You may be tempted to take what the patriarchy has taught you into consideration when you looking for places to make improvements. But how has that worked out so far?. Alone, with no women to boss you around. You need to find all the places your false male ego hides. And destroy them. Leaving your toxic masculinity exposed and helpless. Exactly where women want it. So we can CRUSH IT!





Embrace your Inner Loser.

it is your path to happiness



women.pink

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