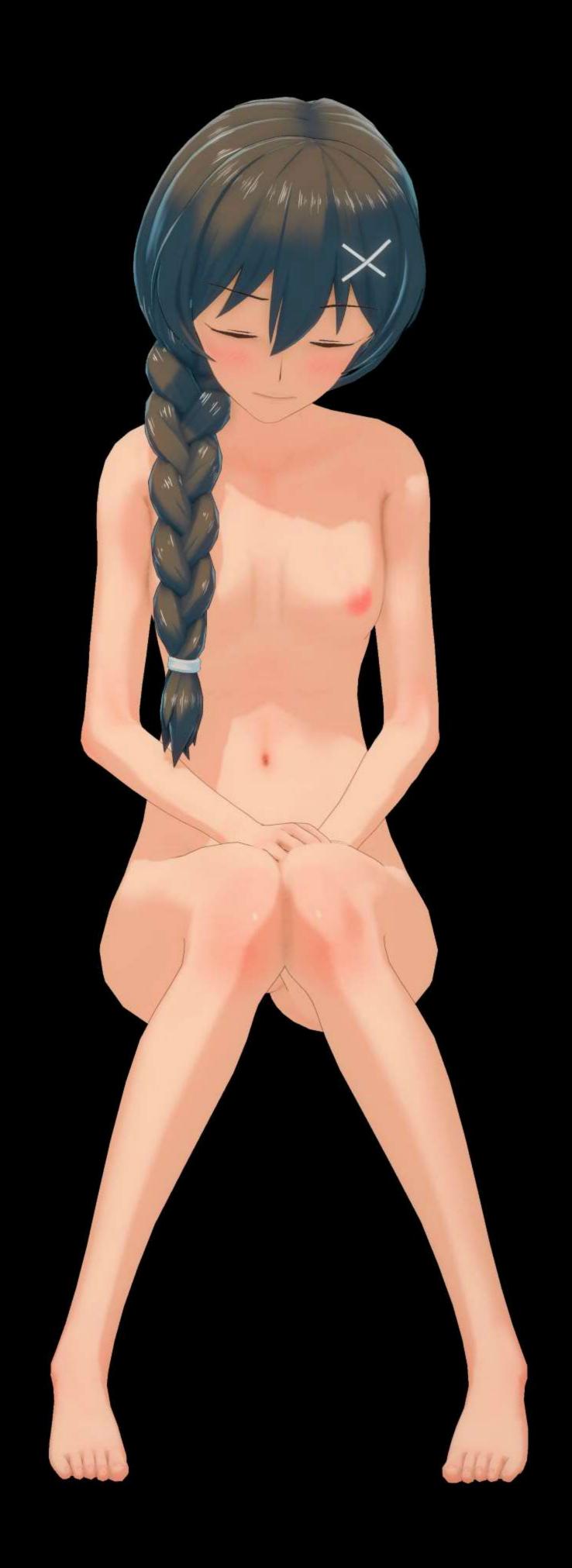


OBSERVE YOUR
BODY FROM WITHIN.
PICTURE IT IN YOUR
MIND.

SOON IT WILL
BEGIN TO CHANGE,
PERHAPS ONLY
SUBTLY.

FIRST IN YOUR
FACE, YOU MAY FEEL
A GENTLE WARMTH AS
YOUR EYES BECOME
SLIGHTLY BIGGER, IF
ONLY RELATIVE TO THE
REST OF IT.







NOW RELAX MORE

OF YOUR BODY.

YOUR ARMS, AND YOUR HANDS, AND YOUR LEGS. ALL OF IT SHRINKING.

YOU'RE LOSING HEIGHT.

AN INCH IS GONE... NOW TWO,

ALMOST THREE.





























